



Southway Inpatient Substance Use Disorder Program

- Inpatient treatment program designed to assist adult patients with establishing and maintaining sobriety through a 12 step program. Length of stay is an average of 28 days.
- Patients will have an initial evaluation with an Addictionologist and/or Psychiatrist, as well as follow-up, throughout the treatment program.
- Masters Level Licensed Professional Therapists (LPC, Social Work etc.) will meet with patients to develop an individualized treatment plan.
- Patients will participate in AA and/or NA meetings daily. Attempts will be made to assist patients with obtaining a temporary sponsor while they are in the program, so that, upon discharge, there are community supports in place. A Continuing Care group is offered weekly post discharge.
- Patients will also be provided with education regarding addiction and recovery, along with coping skills training.
- Recovery Coaches will be utilized to assist with education, activities, and supervision to off-unit events.
- Families will be invited and expected to participate in family education prior to visitation on Sunday afternoon.
- SouthWay Inpatient will encourage participation in aftercare activities which are individualized for each patient. Referrals will be made to Intensive Outpatient (IOP) Programs, out-patient programs, psychiatrists, sober living programs, etc.
- Engagement with Employers, Licensing Boards, Treatment Professionals, Lawyers, Courts and other collateral supports will be obtained as needed by the program once a release is signed to support patient recovery. Each patient will be asked to sign release forms to potential referral sources in an effort to assist with arranging follow up care.

**For Admissions and Questions about the program, call Thomas Behavioral Health
Connections at 304.766.3553**

**For information regarding the Behavioral Health Services, contact Joe Deegan, Business
Development/Managed Care Liaison at
304.766.3401 or michael.deegan@thomashealth.org**