



# Orthopedic Surgery

The musculoskeletal system may become injured from any number of causes, including accidents, sports-related injuries, aging or problems may arise from congenital causes. No matter what the cause, the orthopedic team is available to help. Our team of providers includes orthopedic surgeons and physician assistants who specialize in injury treatment and recovery.

## Procedures & Services

- Arthroscopic Surgery
  - Knee & Ankle
  - Shoulder, Elbow & Wrist
- ACL Reconstruction & Meniscal Tears
- Ankle Fractures & Ligament Repairs
- Achilles Tendon Repairs
- Rotator Cuff Surgery & Repair
- Shoulder /Elbow Instability & Repair
- Wrist/Hand Injuries & Fractures
- Carpal Tunnel & Trigger Finger
- Total Hip & Knee Replacements
- Fracture Treatment & Repairs
- Casting & Splinting
- Joint Injections
- Sports Medicine
- Non-Surgical Arthritis Treatment

Thomas Health provides a unique concept in joint replacement surgery and therapy for patients suffering from pain and decreased mobility.

Because these patients are not sick, our program works differently from other hospital units. Patients enjoy a sense of community with staff, family members and fellow patients supporting each other every step of the way. They are encouraged to be mobile; to add a few more feet to the walking chart, to grab a quick snack in the kitchenette or to visit with other patients on the unit.

What makes the program unique is its emphasis on recovery - patients are provided information about joint replacement, given very detailed explanations of what the surgery and recovery process will include, and are challenged to take the lead in their recovery. A family member is designated as the patient's "Coach", and participates in the patient's therapy and is taught how to assist him or her at home.

Patients are moving within hours of surgery and outpatient rehabilitation begins the day after discharge. Our orthopedic surgeons practice separately, but have come together to create a valuable resource for patients who need joint replacement surgery.



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